CLINICAL DIETITIAN I

NATURE OF WORK IN THIS CLASS:

This is moderately complex professional hospital dietetics work.

Employees in this class perform moderately complex professional clinical dietitic duties, including independent work in specialized areas of the profession. Employees may lead or supervise the work of ancillary and professional hospital personnel.

ILLUSTRATIVE EXAMPLES OF WORK: (Any one position may not include all the duties listed, nor do the examples cover all the duties which may be performed.)

Develops and coordinates menu planning to combine foods for maximum nutritional value, taste and eye appeal, patient's needs and preference.

Assesses patient's needs and nutritional status upon admission to the hospital; obtains, evaluates and utilizes dietary information for planning nutritional care of patients.

Provides dietary instructions and counseling for patients who have specific nutritional needs and problems; explains dietary needs and helps to motivate patients to understand and appreciate the importance of diet in getting and staying well.

Consults with physicians concerning dietary prescriptions; gives suggestions to modify diet to adapt to the individual needs of the patients.

Conducts and participates in educational programs for patients, staff and general public.

Interprets and applies current research findings on foods and nutrition.

Maintains patient's chart and prepares report.

May lead or supervise the work of others.

Perform related duties as required.

MINIMUM KNOWLEDGE, ABILITIES AND SKILLS:

Knowledge of the principles and practices of medical/clinical dietetics.

Knowledge of menu combinations for taste, maximum nutritional value and eye appeal.

Knowledge of the principles and practices of nutrition education.

Ability to make decisions in accordance with program guidelines.

Ability to interpret and apply pertinent program guidelines and requirements.

Ability to direct and supervise the preparation and service of food in a hospital environment.

Ability to work effectively with employees and the public.

Ability to communicate effectively, orally and in writing.

Ability to maintain records and prepare reports.

MINIMUM EXPERIENCE AND TRAINING:

- One year of experience in dietitics work and graduation from a recognized college or university with a Bachelor's degree in dietetics or nutrition or related fields; or
- Any equivalent combination of experience and training beyond the Bachelor's degree which provides the minimum knowledge, abilities and skills.

NECESSARY SPECIAL QUALIFICATION:

Possession of a current Associate membership with the American Dietetic Association (ADA), pursuing a 3-year work experience program.

DATE ESTABLISHED: February 1984

PAY RANGE: 28

Executive

Civil Service Commission